

Physical Activity Combined: Interational Physical Activity Questionnaire (IPAQ) Scores

		LOW	MODERATE	HIGH	Count
Greater Cincinnati Residents		17.2%	22.8%	60.0%	3677
Area in Region	Hamilton County Suburbs	14.8%	24.2%	61.0%	1173
	City of Cincinnati	16.1%	27.8%	56.2%	688
	Butler / Clinton / Warren	18.0%	20.3%	61.7%	362
	Adams / Brown / Clermont / Highland	20.4%	19.8%	59.8%	335
	Boone / Campbell / Grant / Kenton	18.0%	24.1%	57.9%	499
	Brckn / Carroll / Glltn / Owen / Pendlton	16.9%	17.6%	65.5%	258
	Dbrn / Frnkln / Ohio / Ripley / Swzrlnd	15.1%	22.4%	62.5%	340
Age	18 to 29	8.9%	16.1%	75.0%	773
	30 to 45	12.3%	21.2%	66.6%	977
	46 to 64	16.4%	28.8%	54.8%	1234
	65 and over	36.4%	21.7%	41.9%	647
Sex	Male	15.6%	19.3%	65.1%	1727
	Female	18.6%	26.0%	55.4%	1940
Race	African-American	20.0%	18.2%	61.7%	775
	White	16.9%	23.4%	59.7%	3068
	Other	11.5%	21.7%	66.7%	141
Poverty Status	100% and below FPL	23.9%	17.5%	58.6%	524
	Between 100% and 200% FPL	17.5%	20.6%	61.8%	559
	Above 200% FPL	14.8%	25.6%	59.6%	1927
Education	Less than high school	23.7%	21.6%	54.7%	365
	High school graduate	18.9%	17.0%	64.2%	1113
	Some college	16.0%	20.9%	63.1%	1105
	College graduate	14.4%	31.2%	54.4%	1085
Insurance Status	Insured	17.9%	23.3%	58.9%	3378
	Not insured / Don't know	9.2%	17.1%	73.7%	289
General Health Rating	Excellent / Very good	10.3%	23.5%	66.2%	1814
	Good	17.7%	23.3%	59.0%	1193
	Fair / Poor	34.6%	19.9%	45.5%	666

Question 21: During the last 7 days, on how many days did you walk for at least 10 minutes at a time?

		0	1	2	3	4	5	6	7	DON'T KNOW / NOT SURE	Count
Greater Cincinnati Residents		7.7%	3.1%	5.3%	6.1%	6.1%	10.4%	3.4%	57.2%	0.6%	4247
Area in Region	Hamilton County Suburbs	7.8%	2.8%	4.7%	6.4%	6.9%	10.5%	2.3%	58.5%	0.1%	1334
	City of Cincinnati	9.2%	3.5%	4.3%	6.3%	7.3%	11.6%	4.0%	53.4%	0.5%	804
	Butler / Clinton / Warren	5.9%	3.5%	5.8%	5.7%	3.9%	10.0%	3.4%	60.6%	1.2%	409
	Adams / Brown / Clermont / Highland	6.5%	4.7%	6.1%	5.1%	6.2%	10.6%	2.4%	57.9%	0.6%	401
	Boone / Campbell / Grant / Kenton	9.7%	1.8%	5.5%	6.6%	6.8%	10.3%	5.0%	54.0%	0.2%	578
	Brckn / Carroll / Glltn / Owen / Pendlton	9.1%	2.2%	5.0%	8.0%	7.8%	11.2%	3.8%	52.5%	0.4%	329
	Dbrn / Frnkln / Ohio / Ripley / Swzrlnd	8.5%	2.2%	6.1%	6.9%	7.8%	8.5%	3.7%	54.3%	2.0%	395
Age	18 to 29	1.6%	2.5%	1.8%	5.7%	7.9%	7.1%	4.0%	68.0%	1.4%	941
	30 to 45	5.2%	2.7%	5.2%	4.9%	4.7%	12.7%	2.2%	62.2%	0.3%	1108
	46 to 64	9.4%	2.6%	6.3%	5.7%	5.5%	12.3%	4.4%	53.7%	0.3%	1404
	65 and over	15.4%	6.0%	8.5%	9.3%	7.4%	8.2%	2.2%	42.1%	0.9%	743
Sex	Male	7.1%	3.2%	5.1%	5.4%	6.6%	10.4%	3.5%	57.9%	0.8%	2048
	Female	8.1%	3.1%	5.6%	6.9%	5.6%	10.4%	3.3%	56.4%	0.5%	2189
Race	African-American	8.9%	3.0%	4.7%	9.5%	7.3%	13.1%	2.7%	50.3%	0.6%	895
	White	7.6%	2.9%	5.4%	5.6%	6.1%	10.0%	3.6%	58.1%	0.7%	3541
	Other	4.2%	3.4%	1.7%	10.0%	6.6%	13.4%	3.4%	56.7%	0.7%	166
Poverty Status	100% and below FPL	12.5%	4.7%	4.4%	6.5%	9.0%	11.1%	2.2%	49.1%	0.4%	630
	Between 100% and 200% FPL	8.3%	3.0%	4.5%	6.5%	4.2%	11.3%	3.1%	57.4%	1.8%	716
	Above 200% FPL	5.5%	2.5%	6.7%	5.7%	6.4%	10.3%	4.3%	58.6%	0.2%	2103
Education	Less than high school	11.7%	5.7%	3.5%	9.5%	9.5%	11.0%	0.8%	47.7%	0.5%	464
	High school graduate	7.1%	2.5%	5.4%	4.8%	6.1%	11.1%	3.3%	59.1%	0.7%	1351
	Some college	7.4%	3.5%	5.8%	4.6%	4.7%	9.0%	4.7%	59.1%	1.1%	1262
	College graduate	7.0%	2.4%	5.6%	7.9%	6.1%	11.1%	3.2%	56.7%	0.1%	1156
Insurance Status	Insured	7.9%	3.0%	5.5%	6.3%	6.0%	10.6%	3.5%	56.6%	0.7%	3887
	Not insured / Don't know	4.6%	4.9%	2.9%	4.2%	7.6%	8.8%	2.4%	64.5%	0.1%	346
General Health Rating	Excellent / Very good	4.0%	3.4%	4.5%	5.2%	5.8%	9.4%	3.3%	63.7%	0.8%	2071
	Good	7.1%	2.3%	6.2%	5.9%	6.3%	11.3%	4.1%	56.3%	0.4%	1393
	Fair / Poor	18.2%	3.9%	6.1%	9.2%	6.5%	11.6%	2.4%	41.5%	0.6%	777

Question 23: Number of hours per day spent sitting

		LESS THAN TWO HOURS	TWO HOURS TO LESS THAN FOUR HOURS	FOUR HOURS TO LESS THAN SIX HOURS	SIX HOURS TO LESS THAN EIGHT HOURS	EIGHT OR MORE HOURS	NONE	DON'T KNOW	Count
Greater Cincinnati Region		9.3%	25.5%	23.1%	13.7%	25.1%	0.4%	2.9%	4230
Area in Region	Hamilton County Suburbs	7.1%	24.1%	26.0%	12.9%	25.3%	0.6%	3.9%	1322
	City of Cincinnati	8.1%	24.4%	22.2%	14.0%	28.4%	0.4%	2.6%	798
	Butler / Clinton / Warren	12.7%	24.9%	19.7%	13.7%	26.5%	0.2%	2.2%	408
	Adams / Brown / Clermont / Highland	9.5%	32.3%	24.9%	12.4%	17.9%	0.4%	2.7%	402
	Boone / Campbell / Grant / Kenton	7.4%	22.2%	22.6%	16.3%	28.4%	0.6%	2.6%	575
	Brckn / Carroll / Glltn / Owen / Pendlton	9.1%	26.9%	27.4%	10.7%	19.3%		6.5%	328
	Dbrn / Frnkln / Ohio / Ripley / Swzrlnd	9.8%	29.7%	26.4%	12.3%	18.6%	0.1%	3.2%	396
Age	18 to 29	11.7%	28.2%	22.3%	14.4%	21.7%	0.3%	1.3%	937
	30 to 45	10.6%	24.0%	26.3%	15.8%	22.2%	0.2%	0.9%	1101
	46 to 64	8.4%	23.5%	18.8%	13.8%	31.0%	0.6%	3.9%	1399
	65 and over	6.2%	27.9%	27.9%	10.2%	21.7%	0.2%	5.8%	741
Sex	Male	7.7%	26.5%	23.0%	12.7%	27.5%	0.2%	2.5%	2036
	Female	10.7%	24.5%	23.3%	14.7%	23.0%	0.6%	3.3%	2183
Race	African-American	7.5%	23.4%	29.4%	10.3%	26.1%	0.2%	3.1%	892
	White	8.9%	25.5%	22.8%	14.6%	25.0%	0.4%	2.9%	3526
	Other	14.3%	33.2%	19.7%	8.4%	22.7%	0.6%	1.2%	166
Poverty Status	100% and below FPL	12.3%	28.4%	19.1%	11.0%	24.8%	0.6%	3.7%	630
	Between 100% and 200% FPL	9.9%	26.2%	30.9%	10.4%	19.9%	0.7%	2.0%	712
	Above 200% FPL	7.3%	24.6%	22.1%	16.4%	27.8%	0.3%	1.5%	2093
Education	Less than high school	14.8%	21.4%	26.1%	10.4%	19.6%	0.2%	7.4%	463
	High school graduate	11.5%	28.8%	23.0%	12.5%	21.1%	0.3%	2.8%	1346
	Some college	7.9%	27.2%	22.1%	14.0%	25.5%	0.6%	2.6%	1260
	College graduate	6.1%	20.9%	23.2%	16.2%	31.7%	0.3%	1.7%	1148
Insurance Status	Insured	8.7%	25.3%	22.9%	14.1%	25.7%	0.4%	2.8%	3870
	Not insured / Don't know	16.2%	27.8%	25.2%	9.6%	18.7%	0.0%	2.5%	346
General Health Rating	Excellent / Very good	9.5%	28.4%	23.5%	14.1%	22.4%	0.2%	1.9%	2063
	Good	8.9%	22.6%	25.2%	14.5%	25.7%	0.6%	2.5%	1389
	Fair / Poor	9.4%	23.1%	18.6%	11.2%	31.0%	0.5%	6.2%	772

Question 34: There are sidewalks or shoulders on streets in my community that allow for safe walking, jogging, or biking . . . do you agree or disagree?

		STRONGLY AGREE	SOMEWHAT AGREE	LEAN TOWARD AGREEING	LEAN TOWARD DISAGREEING	DISAGREE SOMEWHAT	STRONGLY DISAGREE	DON'T KNOW	Count
Greater Cincinnati Region		49.4%	22.4%	1.0%	0.5%	9.6%	16.5%	0.5%	4242
Area in Region	Hamilton County Suburbs	57.9%	20.0%	1.4%	0.7%	8.3%	11.0%	0.6%	1333
	City of Cincinnati	53.7%	29.0%	1.7%	0.9%	7.8%	6.5%	0.4%	805
	Butler / Clinton / Warren	52.4%	21.1%	0.3%	0.2%	7.2%	18.4%	0.3%	411
	Adams / Brown / Clermont / Highland	29.5%	21.4%	1.9%	0.4%	20.1%	25.9%	0.8%	396
	Boone / Campbell / Grant / Kenton	53.2%	23.4%	0.8%	0.1%	7.6%	14.7%	0.3%	579
	Brckn / Carroll / Glltn / Owen / Pendlton	32.3%	16.9%	0.1%	0.1%	16.1%	32.8%	1.6%	327
	Dbrn / Frnkln / Ohio / Ripley / Swzrlnd	33.3%	24.5%	0.3%	2.1%	9.3%	29.9%	0.5%	389
Age	18 to 29	48.8%	29.2%	2.1%	0.5%	8.5%	10.9%		940
	30 to 45	52.2%	21.8%	0.9%	0.5%	10.2%	14.4%	0.1%	1109
	46 to 64	49.6%	19.2%	0.6%	0.5%	9.5%	20.2%	0.5%	1402
	65 and over	45.8%	20.3%	0.7%	0.6%	10.3%	20.5%	1.7%	739
Sex	Male	51.5%	20.6%	1.3%	0.5%	9.8%	15.6%	0.7%	2044
	Female	47.4%	24.1%	0.8%	0.5%	9.5%	17.3%	0.3%	2188
Race	African-American	52.7%	27.2%	0.5%	0.7%	12.0%	6.4%	0.4%	896
	White	48.6%	21.8%	1.1%	0.4%	9.5%	18.1%	0.5%	3537
	Other	56.6%	22.4%	0.5%	0.8%	9.8%	9.9%		165
Poverty Status	100% and below FPL	44.3%	22.5%	2.4%	0.6%	9.4%	20.3%	0.6%	635
	Between 100% and 200% FPL	38.3%	27.1%	0.9%	0.4%	14.2%	18.7%	0.4%	715
	Above 200% FPL	54.0%	20.5%	0.6%	0.5%	8.8%	15.3%	0.3%	2096
Education	Less than high school	43.3%	26.2%	1.9%	0.4%	9.6%	16.9%	1.6%	464
	High school graduate	45.6%	23.6%	1.0%	0.5%	10.0%	18.9%	0.4%	1346
	Some college	47.6%	23.6%	0.3%	0.5%	11.4%	16.2%	0.4%	1267
	College graduate	58.5%	18.1%	1.5%	0.6%	7.2%	14.0%	0.3%	1152
Insurance Status	Insured	49.3%	21.9%	0.9%	0.5%	9.4%	17.4%	0.5%	3881
	Not insured / Don't know	52.6%	25.7%	2.2%	0.3%	12.2%	6.6%	0.4%	346
General Health Rating	Excellent / Very good	55.9%	20.2%	1.2%	0.5%	7.7%	14.4%	0.1%	2066
	Good	45.8%	24.1%	0.6%	0.4%	13.1%	15.2%	0.8%	1392
	Fair / Poor	38.8%	25.4%	1.4%	0.6%	8.4%	24.5%	0.9%	778