

Question 14: On a scale of 1 to 10 where 1 means you have 'little or no stress' and 10 means you have 'a great deal of stress' how would you rate your average level of stress during the past month?

		LITTLE OR NO STRESS	2	3	4	5	6	7	8
Greater Cincinnati Region		10.1%	8.5%	10.3%	9.0%	16.7%	11.4%	13.3%	10.2%
Area in Region	Hamilton County Suburbs	10.7%	9.0%	10.1%	11.3%	14.0%	11.1%	14.7%	10.3%
	City of Cincinnati	11.1%	8.8%	11.3%	10.1%	16.5%	9.6%	11.4%	9.2%
	Butler / Clinton / Warren	11.1%	9.0%	10.4%	7.0%	16.7%	13.7%	12.4%	9.6%
	Adams / Brown / Clermont / Highland	9.4%	10.0%	9.8%	10.6%	19.4%	7.7%	14.0%	8.2%
	Boone / Campbell / Grant / Kenton	7.1%	6.1%	10.3%	8.5%	16.8%	13.5%	14.6%	13.1%
	Brckn / Carroll / Gltn / Owen / Pendlton	10.3%	6.8%	11.7%	7.5%	17.8%	9.8%	9.3%	13.1%
	Dbrn / Frnkln / Ohio / Ripley / Swzrlnd	11.5%	8.5%	8.7%	5.5%	21.2%	8.0%	11.5%	10.4%
Age	18 to 29	7.4%	5.4%	7.9%	10.9%	18.8%	15.6%	16.4%	8.1%
	30 to 45	8.3%	8.6%	8.5%	10.3%	16.4%	11.7%	14.7%	10.5%
	46 to 64	8.9%	7.4%	9.6%	7.6%	17.6%	10.6%	14.4%	13.2%
	65 and over	18.2%	14.7%	17.2%	7.4%	13.4%	7.2%	5.2%	7.0%
Sex	Male	10.9%	8.3%	11.7%	8.4%	17.2%	11.8%	14.5%	8.4%
	Female	9.4%	8.5%	9.0%	9.7%	16.3%	11.0%	12.2%	11.9%
Race	African-American	18.6%	7.0%	7.6%	8.7%	16.9%	9.0%	11.7%	8.0%
	White	8.6%	8.8%	10.8%	8.7%	17.2%	11.4%	13.7%	10.2%
	Other	16.1%	8.0%	6.6%	7.1%	14.2%	15.1%	10.5%	13.6%
Poverty Status	100% and below FPL	9.1%	5.2%	5.5%	8.9%	13.9%	10.4%	9.5%	11.7%
	Between 100% and 200% FPL	8.7%	5.7%	10.6%	8.9%	20.6%	7.8%	12.9%	14.5%
	Above 200% FPL	9.2%	8.6%	10.7%	9.7%	16.9%	13.0%	16.3%	9.1%
Education	Less than high school	10.9%	10.4%	10.6%	5.5%	17.3%	7.1%	11.1%	8.1%
	High school graduate	12.3%	7.3%	11.0%	7.4%	17.1%	9.9%	11.8%	11.6%
	Some college	10.3%	7.7%	8.5%	9.5%	17.3%	12.2%	12.4%	10.9%
	College graduate	6.9%	10.3%	11.2%	11.8%	15.6%	13.9%	16.9%	8.8%
Insurance Status	Insured	10.2%	8.2%	10.3%	9.0%	16.2%	11.8%	13.2%	10.3%
	Not insured / Don't know	8.4%	12.0%	10.5%	9.8%	23.4%	6.4%	13.2%	9.3%
General Health Rating	Excellent / Very good	11.9%	10.1%	10.8%	10.5%	17.0%	12.8%	13.2%	9.0%
	Good	9.5%	8.4%	8.9%	7.9%	18.9%	11.5%	14.0%	9.8%
	Fair / Poor	6.1%	4.7%	11.3%	7.3%	12.0%	7.4%	12.2%	14.4%

Question 14: On a scale of 1 to 10 where 1 means you have 'little or no stress' and 10 means you have 'a great deal of stress' how would you rate your average level of stress during the past month?

		9	A GREAT DEAL OF STRESS	DON'T KNOW	Count
Greater Cincinnati Region		3.9%	6.3%	0.2%	4253
Area in Region	Hamilton County Suburbs	2.6%	6.0%	0.2%	1334
	City of Cincinnati	3.5%	8.0%	0.4%	803
	Butler / Clinton / Warren	5.5%	4.4%	0.2%	411
	Adams / Brown / Clermont / Highland	3.8%	6.9%	0.3%	402
	Boone / Campbell / Grant / Kenton	4.0%	6.0%		577
	Brckn / Carroll / Glltn / Owen / Pendlton	5.0%	8.6%		330
	Dbrn / Frnkln / Ohio / Ripley / Swzrlnd	2.3%	12.2%	0.1%	396
Age	18 to 29	5.4%	4.0%		941
	30 to 45	3.3%	7.6%	0.1%	1109
	46 to 64	3.5%	7.1%		1408
	65 and over	3.7%	5.2%	0.9%	744
Sex	Male	4.3%	4.4%	0.1%	2050
	Female	3.7%	8.1%	0.2%	2192
Race	African-American	4.6%	7.2%	0.7%	893
	White	4.1%	6.3%	0.1%	3550
	Other	2.1%	6.7%	0.2%	166
Poverty Status	100% and below FPL	10.0%	15.7%	0.1%	634
	Between 100% and 200% FPL	2.9%	6.9%	0.4%	716
	Above 200% FPL	2.9%	3.6%	0.0%	2105
Education	Less than high school	7.9%	11.2%		461
	High school graduate	4.8%	6.5%	0.3%	1355
	Some college	3.3%	7.6%	0.3%	1267
	College graduate	2.1%	2.6%	0.0%	1156
Insurance Status	Insured	4.2%	6.4%	0.2%	3896
	Not insured / Don't know	1.7%	5.3%		343
General Health Rating	Excellent / Very good	2.1%	2.4%	0.2%	2073
	Good	4.8%	6.2%	0.1%	1395
	Fair / Poor	7.3%	16.9%	0.4%	779

Question 15: On a scale of 1 to 10 where 1 means 'little or no stress' and 10 means you have 'a great deal of stress,' what would you consider a healthy level of stress?

		LITTLE OR NO STRESS	2	3	4	5	6	7	8
Greater Cincinnati Region		17.3%	14.2%	23.3%	18.9%	19.1%	2.2%	1.4%	0.9%
Area in Region	Hamilton County Suburbs	17.9%	11.3%	21.4%	19.0%	21.1%	3.1%	2.4%	0.9%
	City of Cincinnati	17.0%	14.4%	22.9%	17.0%	20.1%	4.3%	1.3%	0.6%
	Butler / Clinton / Warren	18.9%	14.1%	24.3%	18.4%	18.0%	1.8%	1.9%	1.2%
	Adams / Brown / Clermont / Highland	14.1%	20.5%	27.1%	17.7%	16.3%	0.2%	0.7%	0.4%
	Boone / Campbell / Grant / Kenton	16.3%	14.5%	21.2%	22.3%	19.0%	1.9%	0.1%	1.1%
	Brckn / Carroll / Glltn / Owen / Pendlton	20.9%	13.1%	25.2%	13.7%	18.6%	0.8%	2.0%	0.9%
	Dbrn / Frnkln / Ohio / Ripley / Swzrlnd	18.0%	10.0%	22.6%	20.4%	22.0%	1.2%	1.5%	1.8%
Age	18 to 29	13.7%	14.4%	25.4%	19.3%	20.2%	3.9%	1.7%	0.1%
	30 to 45	14.4%	9.7%	25.4%	24.4%	20.8%	1.5%	1.2%	1.2%
	46 to 64	19.8%	15.5%	21.6%	17.6%	18.8%	2.1%	1.4%	1.1%
	65 and over	21.1%	18.0%	21.1%	12.7%	16.6%	1.0%	1.6%	1.4%
Sex	Male	17.0%	14.6%	23.7%	19.9%	18.0%	2.0%	1.8%	0.9%
	Female	17.6%	13.7%	23.0%	18.1%	20.2%	2.3%	1.0%	1.0%
Race	African-American	23.4%	14.4%	15.1%	13.2%	20.2%	1.7%	2.5%	4.4%
	White	16.5%	13.8%	24.5%	20.1%	19.1%	2.0%	1.2%	0.8%
	Other	16.0%	20.5%	21.5%	10.1%	18.6%	4.1%	3.2%	0.3%
Poverty Status	100% and below FPL	27.8%	15.7%	20.3%	11.5%	14.9%	2.5%	2.9%	1.1%
	Between 100% and 200% FPL	16.3%	16.1%	22.9%	18.0%	19.2%	0.7%	1.3%	1.3%
	Above 200% FPL	13.8%	13.0%	25.6%	21.1%	21.8%	2.0%	0.9%	0.8%
Education	Less than high school	22.2%	19.9%	13.6%	13.3%	15.9%	1.1%	3.8%	2.8%
	High school graduate	21.7%	17.3%	21.4%	16.4%	15.9%	1.8%	1.6%	0.8%
	Some college	15.6%	10.4%	26.7%	21.0%	20.4%	2.9%	0.5%	0.6%
	College graduate	11.7%	12.8%	25.8%	21.9%	22.8%	2.2%	1.3%	0.8%
Insurance Status	Insured	17.4%	14.2%	23.5%	18.8%	19.4%	2.1%	1.3%	1.0%
	Not insured / Don't know	15.2%	15.0%	21.5%	20.4%	16.4%	2.2%	2.8%	0.6%
General Health Rating	Excellent / Very good	15.2%	12.8%	26.3%	19.8%	20.3%	2.0%	1.1%	0.5%
	Good	18.0%	14.4%	20.7%	20.6%	20.1%	2.6%	0.5%	0.8%
	Fair / Poor	21.8%	18.0%	19.7%	13.4%	14.1%	1.9%	4.0%	2.2%

Question 15: On a scale of 1 to 10 where 1 means 'little or no stress' and 10 means you have 'a great deal of stress,' what would you consider a healthy level of stress?

		9	A GREAT DEAL OF STRESS	DON'T KNOW	Count
Greater Cincinnati Region		0.3%	0.3%	2.0%	4241
Area in Region	Hamilton County Suburbs	0.3%	0.2%	2.4%	1329
	City of Cincinnati	0.2%	0.4%	1.8%	801
	Butler / Clinton / Warren	0.2%		1.4%	411
	Adams / Brown / Clermont / Highland	0.1%	0.3%	2.6%	400
	Boone / Campbell / Grant / Kenton	0.7%	1.3%	1.5%	575
	Brckn / Carroll / Glltn / Owen / Pendlton	0.1%		4.7%	330
	Dbrn / Frnkln / Ohio / Ripley / Swzrlnd			2.6%	394
Age	18 to 29		0.4%	0.9%	941
	30 to 45	0.4%	0.2%	0.7%	1106
	46 to 64	0.3%	0.1%	1.7%	1402
	65 and over	0.3%	1.0%	5.1%	741
Sex	Male	0.0%	0.5%	1.7%	2039
	Female	0.5%	0.2%	2.3%	2192
Race	African-American	0.4%	0.5%	4.2%	891
	White	0.3%	0.3%	1.4%	3543
	Other		0.4%	5.3%	165
Poverty Status	100% and below FPL	0.1%	0.6%	2.6%	631
	Between 100% and 200% FPL	0.8%	0.4%	2.9%	712
	Above 200% FPL	0.0%	0.3%	0.8%	2103
Education	Less than high school	0.9%	1.4%	5.2%	463
	High school graduate	0.4%	0.3%	2.4%	1344
	Some college	0.2%	0.3%	1.3%	1264
	College graduate	0.0%	0.0%	0.8%	1157
Insurance Status	Insured	0.3%	0.4%	1.7%	3888
	Not insured / Don't know		0.1%	5.9%	340
General Health Rating	Excellent / Very good	0.3%	0.3%	1.4%	2072
	Good	0.1%	0.2%	1.9%	1391
	Fair / Poor	0.5%	0.7%	3.6%	772

Question 16: How good a job do you think you do managing your stress? Would you say...

		EXCELLENT	VERY GOOD	GOOD	FAIR	POOR	DON'T KNOW	Count
Greater Cincinnati Region		16.7%	26.8%	34.6%	16.8%	4.7%	0.4%	4256
Area in Region	Hamilton County Suburbs	16.3%	31.3%	30.3%	17.6%	3.4%	1.1%	1335
	City of Cincinnati	17.7%	27.7%	32.3%	18.0%	4.1%	0.2%	806
	Butler / Clinton / Warren	20.3%	23.3%	38.3%	14.3%	3.8%		411
	Adams / Brown / Clermont / Highland	15.3%	25.2%	37.9%	15.8%	5.5%	0.4%	401
	Boone / Campbell / Grant / Kenton	12.9%	28.5%	33.5%	17.6%	7.6%		578
	Brckn / Carroll / Glltn / Owen / Pendlton	14.6%	22.2%	39.4%	17.8%	5.6%	0.5%	330
	Dbrn / Frnkln / Ohio / Ripley / Swzrlnd	14.0%	24.0%	31.8%	24.0%	5.6%	0.7%	395
Age	18 to 29	13.2%	26.8%	34.2%	18.1%	7.0%	0.7%	941
	30 to 45	16.7%	22.2%	37.7%	17.6%	5.8%	0.0%	1109
	46 to 64	16.6%	27.3%	34.8%	16.9%	4.1%	0.4%	1409
	65 and over	21.8%	32.2%	30.3%	13.5%	1.7%	0.4%	745
Sex	Male	18.1%	25.6%	33.8%	16.4%	5.8%	0.3%	2051
	Female	15.3%	27.9%	35.4%	17.3%	3.8%	0.4%	2194
Race	African-American	20.0%	24.8%	30.8%	20.0%	4.1%	0.4%	896
	White	16.1%	27.3%	34.9%	16.5%	4.9%	0.4%	3552
	Other	15.3%	20.5%	39.5%	20.0%	4.5%	0.2%	166
Poverty Status	100% and below FPL	17.0%	15.4%	35.6%	23.0%	9.0%	0.0%	634
	Between 100% and 200% FPL	16.6%	26.0%	34.7%	14.4%	8.2%	0.1%	716
	Above 200% FPL	16.9%	28.1%	36.9%	15.2%	2.9%	0.1%	2106
Education	Less than high school	16.2%	21.5%	31.1%	23.7%	7.3%	0.1%	462
	High school graduate	15.2%	26.7%	35.5%	15.5%	6.3%	0.8%	1354
	Some college	18.9%	27.1%	33.0%	17.5%	3.3%	0.2%	1268
	College graduate	16.4%	28.4%	36.6%	15.1%	3.5%	0.0%	1158
Insurance Status	Insured	16.0%	26.9%	35.2%	17.2%	4.5%	0.2%	3899
	Not insured / Don't know	24.5%	25.4%	28.3%	13.4%	5.9%	2.5%	342
General Health Rating	Excellent / Very good	21.1%	32.1%	31.4%	11.7%	3.5%	0.1%	2075
	Good	13.2%	23.8%	40.3%	18.0%	4.0%	0.7%	1395
	Fair / Poor	11.1%	18.0%	32.5%	28.5%	9.4%	0.5%	780