

Question 5: In general, would you say your health is . . . Excellent, Very good, Good, Fair, or Poor?

	EXCELLENT	VERY GOOD	GOOD	FAIR	POOR	Count
Avondale Residents	12.7%	18.4%	34.8%	29.4%	4.8%	246

SF-12 Physical Health Summary Scale (PCS-12)

	10 - 20	20 - 30	30 - 40	40 - 50	50 - 60	60 - 70	Mean	Standard Deviation	Count
Avondale Residents	0.7%	8.8%	16.1%	25.6%	45.8%	3.2%	47.2	10.4	240

Question 6a: Does your health now limit you in these activities . . . what about . . . Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf? If so, how much . . . a little or a lot?

	YES, LIMITED A LOT	YES, LIMITED A LITTLE	NO, NOT LIMITED AT ALL	Count
Avondale Residents	13.8%	13.5%	72.7%	246

Question 6b: Does your health now limit you in these activities . . . what about . . . Climbing several flights of stairs . . . does your health limit you in this activity? If so, how much . . . a little or a lot?

	YES, LIMITED A LOT	YES, LIMITED A LITTLE	NO, NOT LIMITED AT ALL	Count
Avondale Residents	11.1%	20.4%	68.4%	246

Question 7a: During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of your physical health. What about . . . accomplished less than you would like?

	YES	NO	Count
Avondale Residents	17.9%	82.1%	246

Question 7b: During the past 4 weeks were you limited in the kind of work you do or other activities as a result of physical health?

	YES	NO	Count
Avondale Residents	29.2%	70.8%	246

SF-12 Mental Health Summary Scale (MCS-12)

	10 - 20	20 - 30	30 - 40	40 - 50	50 - 60	60 - 70	Mean	Standard Deviation	Count
Avondale Residents	4.0%	8.2%	8.9%	19.0%	40.6%	19.3%	48.6	12.9	240

Question 8a: During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems, such as feeling depressed or anxious . . .**What about accomplished less than you would like?**

	YES	NO	Count
Avondale Residents	28.7%	71.3%	245

Question 8b: During the past 4 weeks, did you not do work or other activities as carefully as usual as a result of any emotional problems?

	YES	NO	Count
Avondale Residents	19.4%	80.6%	245

Community Health Status Survey, Fall 2010
University of Cincinnati Institute for Policy Research
The Health Foundation of Greater Cincinnati

Question 9: During the past 4 weeks, how much did pain interfere with your normal work, including both work outside the home and housework . . . Not at all, A little bit, Moderately, Quite a bit, or Extremely?

	NOT AT ALL	A LITTLE BIT	MODERATELY	QUITE A BIT	EXTREMELY	Count
Avondale Residents	49.2%	17.7%	20.8%	5.2%	7.2%	246

Question 10a: How much of the time during the past 4 weeks . . . Have you felt calm & peaceful?

	ALL OF THE TIME	MOST OF THE TIME	A GOOD BIT OF TIME	SOME OF THE TIME	A LITTLE OF THE TIME	NONE OF THE TIME	Count
Avondale Residents	23.4%	30.3%	12.8%	17.2%	9.9%	6.4%	246

Question 10b: How much of the time during the past 4 weeks . . . Did you have a lot of energy?

	ALL OF THE TIME	MOST OF THE TIME	A GOOD BIT OF TIME	SOME OF THE TIME	A LITTLE OF THE TIME	NONE OF THE TIME	Count
Avondale Residents	14.8%	34.1%	6.2%	23.3%	11.7%	9.8%	245

Question 10c: How much of the time during the past 4 weeks . . . Have you felt downhearted and blue?

	TIME	TIME	TIME	THE TIME	THE TIME	THE TIME	Count
Avondale Residents	4.9%	2.5%	7.5%	20.7%	28.2%	36.2%	246

Question 11: During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities, such as visiting friends or relatives?

	ALL OF THE TIME	MOST OF THE TIME	A GOOD BIT OF TIME	SOME OF THE TIME	A LITTLE OF THE TIME	NONE OF THE TIME	Count
Avondale Residents	19.5%	5.0%	1.2%	7.8%	14.0%	52.5%	244

Healthy Days Measure 1: Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

	None	1 to 7 days	8 to 13 days	14 to 21 days	22 days or more	Mean	Standard Deviation	Count
Avondale Residents	51.5%	25.3%	5.2%	4.1%	13.8%	6.2	10.2	234

Healthy Days Measure 2: Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

	None	1 to 7 days	8 to 13 days	14 to 21 days	22 days or more	Mean	Standard Deviation	Count
Avondale Residents	53.3%	24.7%	2.3%	3.4%	16.4%	6.3	10.1	246

Healthy Days Measure 3: During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

	None	1 to 7 days	8 to 13 days	14 to 21 days	22 days or more	Mean	Standard Deviation	Count
Avondale Residents	46.9%	28.0%	1.5%	3.2%	20.4%	7.1	10.5	156

Healthy Days Measure 1 and 2: Distribution of total number of physically and mentally unhealthy days

	None	1 to 7 days	8 to 13 days	14 to 21 days	22 days or more	Mean	Standard Deviation	Count
Avondale Residents	38.0%	22.9%	5.7%	6.7%	26.7%	10.5	12.3	234

Question 15: About how long has it been since you personally last visited a health care professional for a routine checkup . . . was it . . .

	IN PAST YEAR	IN PAST 2 YEARS	IN PAST 3 YEARS	IN PAST 5 YEARS	MORE THAN 5 YEARS	NEVER	Count
Avondale Residents	73.6%	6.5%	4.2%	6.6%	8.0%	1.1%	246

Question 16: Is there one particular clinic, health center, doctor's office, or other place that you usually go to if you are sick or need advice about your health?

	YES	NO	Count
Avondale Residents	79.7%	20.3%	246

**Question 17: When you are sick or need advice about your health, to which one of the following places do you usually go . . .
Would you say...?**

	PRIVATE DOCTOR'S OFFICE	PUBLIC HEALTH CLINIC	CLINIC AT RETAIL STORE	HOSPITAL OUTPATIENT DEPARTMENT	HOSPITAL EMERGENCY ROOM
Avondale Residents	29.1%	25.0%	0.1%	10.4%	11.6%

**Question 17: When you are sick or need advice about your health, to which one of the following places do you usually go . . .
Would you say?...**

	URGENT CARE CENTER	OTHER KIND OF PLACE	NO USUAL PLACE	DON'T KNOW	Count
Avondale Residents	1.8%	1.5%	20.4%	0.1%	246

**Question 18: Do you have some form of reliable transportation if you or a loved one need to go to the doctor or
the pharmacy?**

	YES	NO	Count
Avondale Residents	77.3%	22.7%	246

**Question 19: During the past 12 months, how many times, if any, did you use a Doctor or Nurse's services at a retail store such as
Kroger, Walmart, Walgreens or another pharmacy like CVS?**

	NONE	ONE	TWO	THREE- FOUR	FIVE OR MORE	DON'T KNOW	Count
Avondale Residents	69.6%	4.5%	13.1%	6.1%	5.3%	1.5%	246

Question 20a: Has a doctor or other health care provider ever told you that you had . . . Asthma?

	YES	NO	Count
Avondale Residents	12.5%	87.5%	246

Question 20b: Has a doctor or other health care provider ever told you that you had . . . Cancer?

	YES	NO	DON'T KNOW	Count
Avondale Residents	10.3%	89.2%	0.5%	246

Question 20c: Has a doctor or other health care provider ever told you that you had . . . Chronic lung disease (including chronic bronchitis or emphysema)?

	YES	NO	Count
Avondale Residents	9.8%	90.2%	246

Question 20d: Has a doctor or other health care provider ever told you that you had . . . Diabetes?

	YES	NO	Count
Avondale Residents	19.0%	81.0%	246

Question 20e: Has a doctor or other health care provider ever told you that you had . . . Heart trouble or angina?

	YES	NO	Count
Avondale Residents	11.2%	88.8%	246

Question 20f: Has a doctor or other health care provider ever told you that you had . . . High blood pressure or Hypertension?

	YES	NO	Count
Avondale Residents	43.3%	56.7%	246

Question 20g: Has a doctor or other health care provider ever told you that you had . . . High cholesterol or Triglycerides?

	YES	NO	Count
Avondale Residents	30.1%	69.9%	246

Question 20h: Has a doctor or other health care provider ever told you that you had . . . A stroke?

	YES	NO	Count
Avondale Residents	2.5%	97.5%	246

Question 20i: Has a doctor or other health care provider ever told you that you had . . . Severe allergies?

	YES	NO	Count
Avondale Residents	20.6%	79.4%	246

Question 20j: Has a doctor or other health care provider ever told you that you had . . . Depression?

	YES	NO	Count
Avondale Residents	19.4%	80.6%	246

Question 21: How would you describe the condition of your mouth and teeth, including false teeth and dentures? Would you say . . . ?

	VERY GOOD	GOOD	FAIR	POOR	Count
Avondale Residents	30.4%	35.1%	28.8%	5.7%	239

Question 22: In the past 12 months, was there a time when you thought that you needed dental care but did not get it, or delayed getting it?

	YES	NO	Count
Avondale Residents	48.1%	51.9%	246

Question 23: At the present time, would you say your eyesight, with glasses or contact lenses if you wear them, is...very good, good, fair, or poor?

	VERY GOOD	GOOD	FAIR	POOR	DON'T KNOW	Count
Avondale Residents	41.2%	32.1%	14.6%	12.1%	0.0%	246

Question 24: When was the last time you had an eye exam in which the pupils were dilated?

	WITHIN PAST MONTH	WITHIN PAST YEAR	WITHIN PAST TWO YEARS	MORE THAN TWO YEARS	NEVER	DON'T KNOW	Count
Avondale Residents	6.6%	36.3%	21.0%	23.6%	11.4%	1.2%	246

Question 25: About how tall are you without shoes?

	5' AND UNDER	5'1 TO 5'3	5'4 TO 5'6	5'7 TO 5'9	5'10 TO 6'	6'1 TO 6'3	6'4 AND TALLER	Count
Avondale Residents	6.5%	26.6%	20.7%	30.7%	8.9%	5.7%	1.0%	233

Question 26: About how much do you weigh without shoes?

	120 LBS OR LESS	121 LBS TO 139 LBS	140 LBS TO 159 LBS	160 LBS TO 179 LBS	180LBS TO 199 LBS	200 LBS TO 219 LBS	220 LBS AND OVER	DON'T KNOW	Count
Avondale Residents	3.0%	7.5%	20.0%	17.0%	13.7%	8.8%	24.0%	6.0%	244

Obesity Scale Distributions

	NOT OBESE	MILDLY OBESE	MODERATELY OBESE	SEVERELY OBESE
Avondale Residents	29.0%	26.3%	20.6%	8.0%

Obesity Scale Distributions

	VERY SEVERELY OBESE	Count	BMI Overweight	JAMA Overweight
Avondale Residents	16.0%	230	71.0%	44.6%

Question 27: Have you smoked at least 100 cigarettes in your entire life?

	YES	NO	Count
Avondale Residents	44.3%	55.7%	246

Question 28: Do you now smoke cigarettes everyday, some days, or not at all?

	EVERY DAY	SOME DAYS	NOT AT ALL	HAVEN'T SMOKED 100 CIGARETTES	Count
Avondale Residents	16.8%	8.1%	19.4%	55.7%	246

Current Smoker

	SMOKER	SMOKER	SMOKED	Count
Avondale Residents	25.0%	19.4%	55.7%	246

Question 29: During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

	YES	NO	Count
Avondale Residents	47.5%	52.5%	246

Question 30: During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage?

	NONE	1-5 DAYS	6-10 DAYS	11-15 DAYS	16-20 DAYS	21-25 DAYS	26-30 DAYS	DON'T KNOW	Count
Avondale Residents	57.4%	20.6%	2.1%	2.8%	5.1%	4.9%	6.1%	1.0%	246

Question 31: During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

	ONE	TWO	THREE-FOUR	FIVE OR MORE	DON'T KNOW	Count
Avondale Residents	28.9%	27.8%	25.4%	9.3%	8.7%	102

Question 33: Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks on any occasion?

	NONE	ONE	TWO	THREE-FOUR	FIVE OR MORE	DON'T KNOW	Count
Avondale Residents	28.9%	31.8%	12.9%	0.6%	24.9%	0.9%	53

Question 34: Considering all types of alcoholic beverages, how many times during the past 30 days did you have 4 or more drinks on any occasion?

	NONE	ONE	TWO	THREE-FOUR	FIVE OR MORE	Count
Avondale Residents	57.0%	3.3%	9.8%	0.2%	29.7%	49

Question 35: During the past 30 days, how many times, if any, have you driven when you've had perhaps too much to drink?

	NONE	ONE	TWO OR MORE	Count
Avondale Residents	98.3%	1.2%	0.5%	95

Question 36: Have you ever used a prescription pain killer , like Vicodin, Oxycontin or Percocet, when you didn't need it to control pain, just to feel good?

	YES	NO	Count
Avondale Residents	10.0%	90.0%	246

Question 37: During the past 30 days, how many times did you use a prescription pain killer , like Vicodin, Oxycontin or Percocet, when you didn't need it to control pain, just to feel good?

	NONE	TWO	FIVE OR MORE	Count
Avondale Residents	7.5%	24.0%	68.4%	25

Question 38: Have you ever used an over-the-counter drug like cold medicine, sleeping pills or stay awake pills, when you didn't need it, just to feel good?

	YES	NO	Count
Avondale Residents	0.3%	99.7%	246

Question 39: During the past 30 days, how many times did you use an over-the-counter drug like cold medicine, sleeping pills or stay awake pills, when you didn't need it, just to feel good?

	NONE	FIVE OR MORE	Count
Avondale Residents	33.3%	66.7%	1

Question 41 and 42: Thinking about the moderate activities you do, when you are not working, in a usual week, do you do moderate activities for at least 10 minutes at a time?

	YES	NO	DON'T KNOW	Count
Avondale Residents	70.6%	29.2%	0.2%	231

Question 45 and 46: Thinking about the vigorous activities you do, when you are not working, in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work or anything else that causes large increases in breathing or heart rate?

	YES	NO	UNABLE TO DO THIS ACTIVITY	Count
Avondale Residents	34.2%	65.5%	0.3%	231

Moderate Physical Activity Recommendations

	MEET OBJECTIVE	INSUFFICIENT ACTIVITY	NO MODERATE ACTIVITY	Count
Avondale Residents	34.5%	35.4%	30.1%	224

Vigorous Physical Activity Recommendations

	MEET OBJECTIVE	INSUFFICIENT ACTIVITY	NO VIGOROUS ACTIVITY	Count
Avondale Residents	16.8%	17.4%	65.8%	231

Frequency of Moderate Activity per week

	NONE	1-2 DAYS	3-4 DAYS	5-7 DAYS	Count
Avondale Residents	29.3%	6.4%	12.8%	51.5%	231

Frequency of Vigorous Activity per week

	NONE	1-2 DAYS	3-4 DAYS	5-7 DAYS	Count
Avondale Residents	65.8%	15.6%	8.8%	9.8%	231

Overall Physical Activity Recommendations

	MEET BOTH	VIGOROUS ONLY	MODERATE ONLY	INSUFFICIENT IN EITHER ACTIVITY	NO ACTIVITY	Count
Avondale Residents	5.2%	10.7%	29.3%	30.0%	24.8%	224

Question 49: There are sidewalks or shoulders on streets in my community that allow for safe walking, jogging, or biking...do you agree or disagree

	AGREE	AGREE	AGREE	TOWARD	SOMEWHAT	DISAGREE	KNOW	Count
Avondale Residents	49.3%	20.6%	0.1%	0.2%	21.2%	8.0%	0.6%	245

Question 50: In the past week, how many servings of vegetables did you eat , on average, daily?

	NONE	1 TO 2	3 TO 5	6 TO 7	MORE THAN 7	DON'T KNOW	Count
Avondale Residents	7.9%	46.9%	36.4%	6.3%	1.6%	1.0%	246

Question 51: In the past week, how many servings of fruit did you eat , on average, daily?

	NONE	1 TO 2	3 TO 5	6 TO 7	MORE THAN 7	DON'T KNOW	Count
Avondale Residents	21.3%	50.7%	22.6%	2.2%	2.3%	0.8%	246

Question 52: How often do you eat fast food?

	DAILY	AT LEAST ONCE A WEEK	AT LEAST ONCE A MONTH	AT LEAST ONCE A YEAR	NEVER	DON'T KNOW	Count
Avondale Residents	6.0%	49.0%	26.9%	3.2%	14.2%	0.7%	246

Question 53 and 54: Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMO's, or government plans such as Medicare or Medicaid?

	YES	NO	DON'T KNOW	Count
Avondale Residents	63.3%	36.2%	0.5%	246

Medicaid: Is your primary health care coverage through Medicaid, the health insurance program through your state for low-income persons?

	YES	NO	DON'T KNOW	Count
Avondale Residents	38.7%	60.9%	0.4%	156

Health Insurance Status

	INSURED- OTHER	INSURED- MEDICAID	INSURED-MEDICARE	INSURED- MEDICARE/MEDICAID
Avondale Residents	17.6%	19.4%	14.1%	11.9%

Health Insurance Status

	INSURED-UNKNOWN	UNINSURED	Count
Avondale Residents	0.4%	36.5%	246

Health Insurance Coverage

	CURRENTLY INSURED/INSURED IN PAST YEAR	YEAR	Count
Avondale Residents	53.1%	46.9%	245

Question 60: During the last 12 months, were there times when you had problems paying or were unable to pay for medical bills?

	YES	NO	DON'T KNOW	Count
Avondale Residents	31.7%	68.1%	0.1%	245

Question 61: During the last year, did any household member not receive a doctor's care because the household needed the money to buy food, clothing, or pay for housing?

	YES	NO	DON'T KNOW	Count
Avondale Residents	10.7%	89.1%	0.1%	246

Question 62: During the last year, did any household member not receive prescription medications because the household needed the money to buy food, clothing, or pay for housing?

	YES	NO	DON'T KNOW	Count
Avondale Residents	14.5%	85.4%	0.1%	246

Question 64: I am going to read to you some statements about your community. People can depend on each other in my community . . . do you agree or disagree?

	STRONGLY AGREE	SOMEWHAT AGREE	LEAN AGREE	LEAN DISAGREE	DISAGREE SOMEWHAT	STRONGLY DISAGREE	DON'T KNOW	Count
Avondale Residents	10.8%	23.8%	5.6%	1.8%	29.2%	27.1%	1.7%	246

Question 65: I am going to read to you some statements about your community. Living in my community gives me a secure feeling . . . do you agree or disagree?

	STRONGLY AGREE	SOMEWHAT AGREE	LEAN AGREE	LEAN DISAGREE	DISAGREE SOMEWHAT	STRONGLY DISAGREE	DON'T KNOW	Count
Avondale Residents	14.9%	20.1%	2.9%	0.1%	25.6%	36.3%	0.1%	246

Question 66: I am going to read to you some statements about your community. People in my community know they can get help from the community if they are in trouble . . . do you agree or disagree?

	STRONGLY AGREE	SOMEWHAT AGREE	LEAN AGREE	LEAN DISAGREE	DISAGREE SOMEWHAT	STRONGLY DISAGREE	DON'T KNOW	Count
Avondale Residents	12.9%	31.8%	0.9%	8.0%	14.6%	30.3%	1.6%	246