

'WE ARE NOT DONE WITH COVID-19'

– Dr. O'dell Moreno Owens, President & CEO, Interact for Health

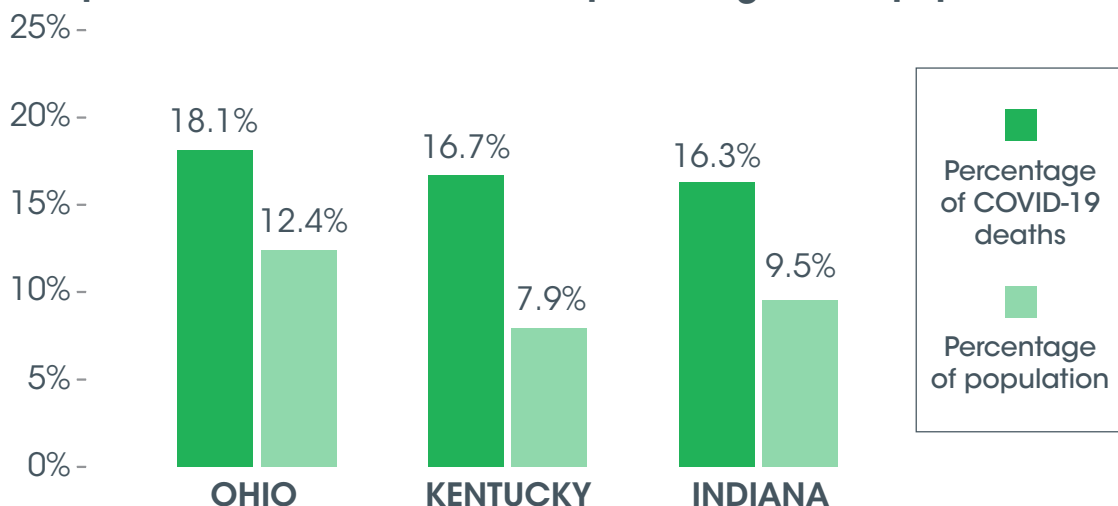


We support protests. If you truly believe that Black Lives Matter, wear a mask.

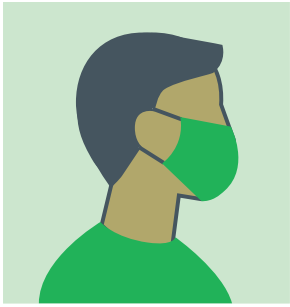
In our region, African Americans are more likely than other racial groups to die from coronavirus. Data analysis by APM Research Lab shows that as of June 9, African Americans in Ohio, Kentucky and Indiana are dying of COVID-19 at a greater rate than their percentage of the population.

Everyone must take steps to reduce the spread of the coronavirus, especially to protect those who are more vulnerable.

Percentage of COVID-19 deaths that are among African Americans compared with African Americans' percentage of the population



SOURCE: APM Research Lab



Wear a cloth face covering or mask when you go out.

DOs

Use mask's straps or ties to put it on and take it off.



Tighten the loops or ties so it's snug without gaps.

Wear your mask so it comes up to the bridge of your nose and all the way down under your chin.

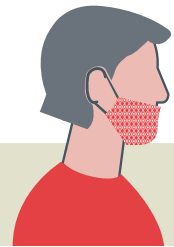
Clean your mask. Run it through the washing machine and dryer after every use.



Pair mask use with the healthy habits listed below.

DON'Ts

Wear the mask below your nose or leave your chin exposed.



Rest the mask on your chin or neck.

Place cloth face coverings on children under age 2, anyone who has trouble breathing or is unable to remove the mask without assistance.

Touch the fabric part of the mask.

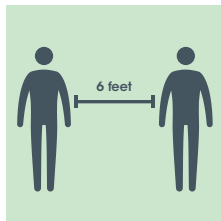
Set the mask down on a surface that may be contaminated. Place the mask in a brown paper bag when not using it.



And remember to ...



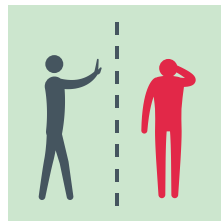
Wash hands often with soap and water. (If not available, use hand sanitizer.)



Maintain 6 feet between yourself and others in public.



Avoid touching your eyes, nose or mouth with unwashed hands.



Avoid contact with people who are sick.



Cover your mouth/nose with a tissue or sleeve when coughing or sneezing.



Stay home while you are sick and avoid close contact with others.