



# INTERACT FOR HEALTH

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# Most Kentucky adults report participating in civic activities

Nationally, 25% of adults volunteer and 36% participate in groups or organizations.<sup>1</sup> Kentucky was 36th in the most recent ranking of state volunteer efforts.<sup>2</sup> Volunteering can improve a community's health and build connections between neighbors.

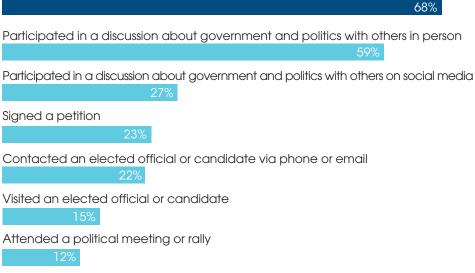
To learn more about volunteering and civic participation in the Commonwealth, the 2018 **Kentucky Health Issues Poll (KHIP)** asked Kentucky adults whether they engaged in a variety of civic activities in the prior year. Seven of these activities were related to political engagement and three were related to community participation.

KHIP is sponsored by Interact for Health and the Foundation for a Healthy Kentucky.

<sup>1</sup> Corporation for National and Community Service. Volunteering and Civic Life in America Data Website with data from the Current Population Survey (U.S. Census Bureau for the Bureau of Labor Statistics). Retrieved Feb 2019 from <u>https://</u> www.nationalservice.gov/vcla/national.

<sup>2</sup> Corporation for National and Community Service. Volunteering and Civic Life in America Data Website with data from the Current Population Survey (U.S. Census Bureau for the Bureau of Labor Statistics). Retrieved Feb 2019 from <u>https://</u> www.nationalservice.gov/vcla/state-rankingsvolunteerrate. Percentage of Kentucky adults who in the past year ...

Participated in at least one of the following political activities



Participated in any demonstrations, protests, boycotts, or marches

SOURCE: 2018 Kentucky Health Issues Poll (released February 2019)



### More than half of adults discuss politics, volunteer in community

Eight in 10 Kentucky adults participated in at least one of the listed civic activities in the past year (78%).

About 7 in 10 adults participated in one or more political activities (68%). Six in 10 participated in a discussion about government and politics in person (59%). About 1 in 4 Kentucky adults discussed government and politics on social media (27%), signed a petition (23%) or contacted an elected official or candidate by phone or email (22%).

About half of adults participated in one or more community

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These findings, unless otherwise noted, are from the Kentucky Health Issues Poll, funded by the Foundation for a Healthy Kentucky and Interact for Health. The Kentucky Health Issues Poll was conducted Aug. 26-Oct. 21, 2018, by the Institute for Policy Research at the University of Cincinnati. A random sample of 1,569 adults from throughout Kentucky was interviewed by telephone. This included 697 landline interviews and 872 cell phone interviews with cell phone users. In 95 of 100 cases, the statewide estimates will be accurate to ±2.5%. There are other sources of variation inherent in public opinion studies, such as nonresponse, question wording or context effects that can introduce error or bias. For more information about the Kentucky Health Issues Poll, please visit <a href="https://www.healthy-ky.org">www.healthy-ky.org</a> or <a href="https://www.healthy-ky.org">www.healthy-ky.org</a> or <a href="https://www.healthy-ky.org">www.healthy-ky.org</a>

activities (54%). Nearly half of adults volunteered at their church or at a nonprofit organization (48%). One in 4 worked on a community project (25%).

## Civic participation by demographics

Overall, Kentucky adults of all ages participated in civic activities.

Responses varied by education level. Adults with more education were more likely than adults with less education to participate in each of the activities. In the past year 89% of college graduates participated in a political activity. That compares with 37% of adults with less than a high school diploma. In the past year 75% of Percentage of Kentucky adults who in the past year ...

#### Participated in at least one of the following community activities

Volunteered at their church or a nonprofit organization 48%

#### Worked on a community project

Donated blood

SOURCE: 2018 Kentucky Health Issues Poll (released February 2019)



54%

college graduates participated in community activities. That compares with 31% of adults with less than a high school diploma.

KHIP last asked about civic participation in 2010. Questions

about government and political conversations in person and on social media were added in 2018. Similar levels of participation were reported for questions that were asked in both years.