



**Apply Online**



**Feel seen and heard with our culturally competent  
LGBTQIA+ therapists AT NO COST!**

The Pro Bono Counseling Program links volunteer mental health professionals with those who need but cannot afford mental health counseling. This free service is available to adults who are unemployed, uninsured, underinsured, or unable to afford traditional counseling services. These include individuals and families that are struggling with situations such as unemployment, life changes, depression, anxiety, grief, marital or family issues.

People who identify as lesbian, gay, bisexual, transgender, queer or questioning (LGBTQIA+) may face complicated life experiences that run from challenging to traumatic. We are proud to support LGBTQIA+ individuals, couples and their families with culturally competent clinicians. Our therapists have training and experience working with LGBTQIA+ clients and understand the issues that impact their lives.

Whether you are looking for individual, couple or family counseling and psychotherapy, we help participants deal with issues such as:

- Understanding sexual orientation and gender identity
- When mom or dad is LGBTQIA+
- “Coming out” and disclosure to family, friends and co-workers
- Relationship satisfaction
- Coping with social stigma, bias and homophobia
- Challenges for couples
- Parenting an LGBTQIA+ child
- Depression and anxiety
- Relationships with family and friends

[www.mhankyswoh.org/probono](http://www.mhankyswoh.org/probono)