Date:

Name of Community:

Initial Priority:

Name of person(s) completing update:

<table>
<thead>
<tr>
<th>Thriving Communities Success Markers</th>
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<td>People see that everyone has a role in health promotion</td>
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What have been your **two greatest** successes (related to the Success Markers please refer to questions on next page):

What have been your **two greatest** challenges (related to the Success please refer to questions on the next page):

Please review your Action Plan and report on any activities, progress or barriers in the last quarter.

Have you had any public recognition?

What you could use assistance with:

Questions you have for Interact for Health staff and consultants about Thriving Communities and the Learning Collaborative:

*At the Learning Collaborative meeting you will have 6 minutes to share highlights from your written report (everyone will have copies of it) and 2 minutes for questions from the group.*
Success Markers Questions

Thriving Communities is an initiative of Interact for Health. In assessing a community’s* progress, Interact for Health’s staff will monitor and coach toward the seven success markers; listed below.

**People see that everyone has a role to play in health promotion**
- Are there people in this community who are interested in healthy eating, active living, mental and emotional well-being, and healthy choices about substance use?
- Are there people in the community who are looking for resources (time, money, and assistance) to help them promote healthy lifestyles?
- Have community members received information about Thriving Communities?

**People are engaged in a shared vision for health promotion**
- Is there a collaboratively developed written vision for carrying out health promotion?
- Was the vision developed by a wide range of community members?
- Is an action plan in place to achieve the vision?
- Is it reviewed regularly to reinvigorate existing members and on-board new members?
- Is there shared ownership of changes to the action plan?

**Health promotion efforts are coordinated**
- Is there an infrastructure to coordinate health promotion activities within the community?
  - Is it a formal infrastructure (i.e., a coalition, council or organization)?
  - Are health promotion efforts communicated to everyone who is interested?
- Do health promotion efforts involve both professionals and community members?
- Do different health promotion efforts use complimentary (or the same) frameworks or practices?

**People understand and are using evidence-based practices (EBPs)**
- Are people adopting EBPs to meet the needs of their community?
- Are people implementing EBPs with intentionality?

**Health promotion efforts include a variety of approaches**
- Do health promotion efforts in the community include one or more of:
  a) Universal approaches that are designed to reach everyone (because everyone has some level of risk)?
  b) Selective approaches that target the most vulnerable people (risk associated with biology or environment)?
  c) Indicated approaches at the first sign of risky decisions (risk based on behaviors prior to the onset of diagnosable symptoms)?
- Does the community have policies that support healthy lifestyles?
  - Are those policies being implemented?

**Health promotion efforts are data-informed**
- Do community members use data to select health promotion priorities and activities?
- Is there a plan to measure results of the health promotion work?
- Is there an infrastructure to support ongoing measurement?

**Health promotion efforts are sustained**
- Does the leadership group secure resources and relationships to carry out activities that require a budget?
- Are no-cost health promotion activities continued?

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* A “community” may encompass a county, city, neighborhood, or a community of choice such as segments of the Hispanic Community. The boundaries of “community” are defined by the people in that community with guidance from Interact for Health staff.