

Update on State-level Opioid Epidemic Initiatives

WELCOME.

We're glad you are here.



- All participants are in listen-only mode
- We encourage frequent use of the chat box to participate and ask questions
- Say hello now using the chat box to tell us your name and organization
- Please complete the short survey towards the end of the webinar. We value your feedback!

INTERACT FOR HEALTH

Your trusted source of health information

Update on State-level Opioid Epidemic Initiatives

Presenters: Dr. Rick Massatti, Van Ingram, Doug Huntsinger

Wednesday, March 17th, 2021 12:30 p.m. to 2:30 p.m.

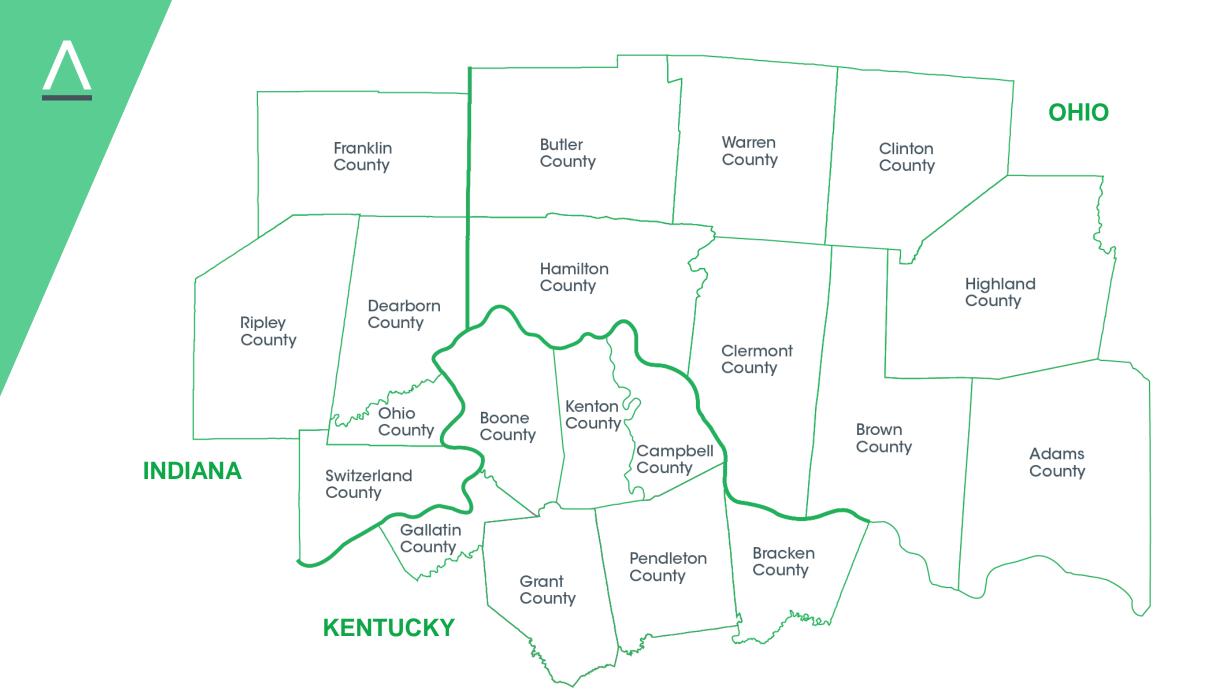


GRANTS Education Research Policy Engagement













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www.interactforhealth.org

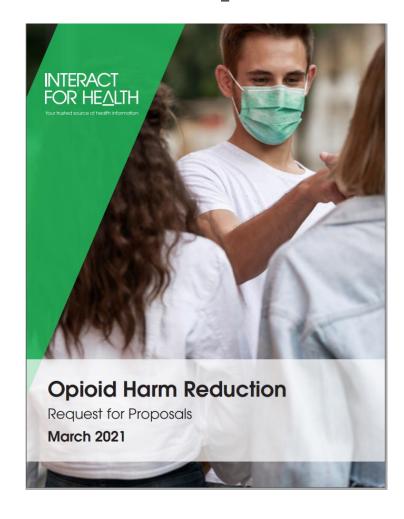


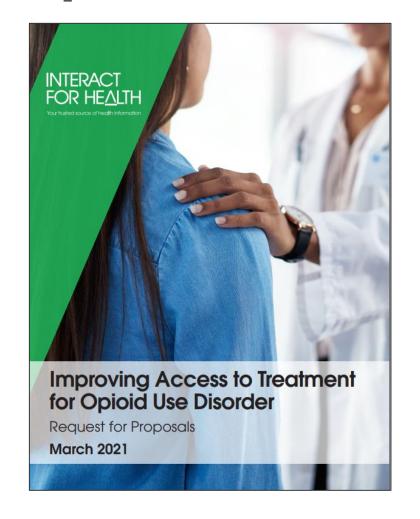
Goal: Reverse the trend of overdoses and deaths from opioids





Request for Proposals









Richard Massatti, Chief of SUD Treatment March 17, 2021



Governor DeWine

"We must help those struggling with mental illness or substance use disorders by giving them a system that provides quality treatment on demand. And we must build recovery-friendly communities that support and promote health and wellness to ensure all Ohioans can live long, productive lives."

From the RecoveryOhio Advisory Council Initial Report
March 2019







Healthy People

Renewed Communities

Thriving **Economy**

OhioMHAS Budget Priorities

- Youth and Young Adult Early Intervention
- Continued Focus on Children, Youth, and Families
- Enhanced Focus on Adults with Serious Mental Illness
- Expanding Crisis Services
- Protecting Community Funding for a Full Continuum of Prevention, Treatment, and Recovery
- Empowering Families and Communities
- Addressing Needs of Criminal Justice-Involved Ohioans
- Sustaining Regional Psychiatric Hospitals as a Safety Net
- Equitable System of Care





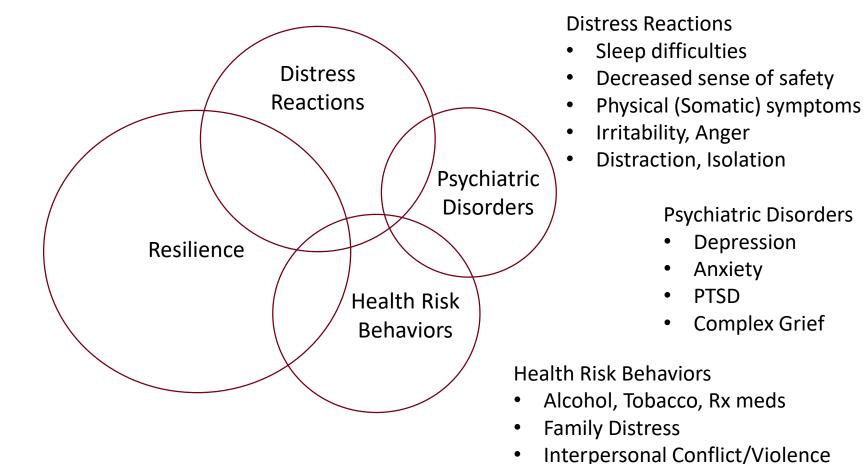
COVID 19

~ ~ ~

We are all in the same storm, but not in the same boat

COVID-19 Behavioral Health Surge

Psychological & Behavioral Responses to Disasters and Pandemics



Cambridge, UK: Cambridge University Press.

Ursano RJ, Fullerton CS, Weisaeth L, et al. (2017). Textbook of Disaster Psychiatry, Second Edition.

Depression

Complex Grief

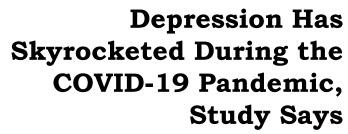
Anxiety

PTSD

Disrupted Work/Life Balance

Restricted Activities/Travel







SEPTEMBER 4, 2020 3:35 PM EDT

Data show Fatalities in 2019 follow brief one-year decline in U.S. drug crisis 15, 2020 5:21 pm ET

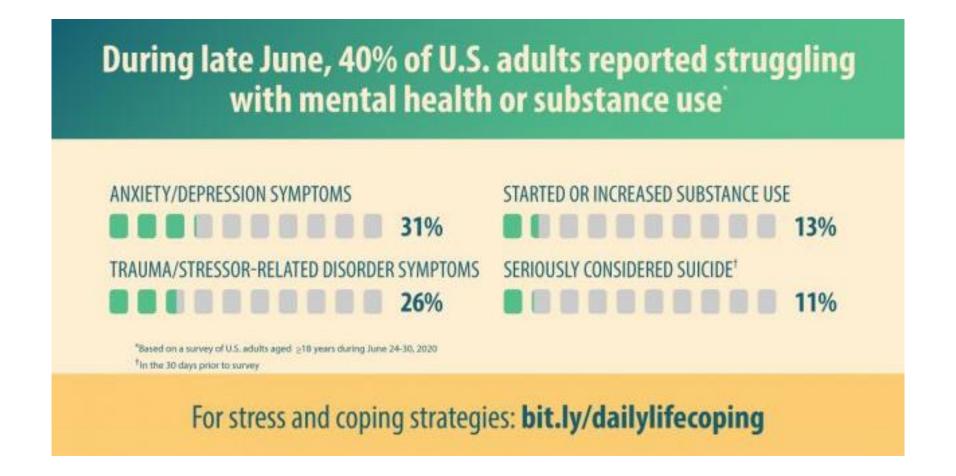


Amid pandemic, May was Ohio's deadliest overdose month in more than a decade October 1, 2020



A 'second wave' of mental health devastation due to Covid-19 is imminent, experts say

Updated 3:38 PM ET, Mon October 12, 2020





Ohio's COVID Response for Behavioral Health



Telehealth for continued access to care for new and existing clients



Wellness campaigns to promote mental wellness, reduce stigma, and highlight availability of care



Medication availability, including mail order naloxone and increased access to MAT



Easy "on-ramps" to care like the Ohio CareLine and the Crisis Text Line

Responding to Identified Challenges











MAKING HELP VISIBLE IMPROVING
OPPORTUNITIES
FOR PERSONAL
INSIGHT &
MOTIVATION

ENDING STIGMA

IMPROVING FINANCING

ENSURING ACCESS TO TREATMENT & RECOVERY



Connecting Ohioans to Care in 2020

- Behavioral Healthcare: Open for business.
- Ohio CareLine
- Strive for Five
- Indigent Patient Placement Program
- Expanding crisis services: mobile crisis, stabilization units, crisis intervention teams, peer support, and warm/hotlines
- Specialized dockets: 183 funded dockets including 41 newly funded and 6 newly certified
- Psychotropic Medications in Jails: 67 participating jails



Ohio CareLine

- Immediate emotional support for needs defined by the caller
- Answered by trained professionals from National Suicide Prevention Lifeline providers in Ohio for 24/7 connection
- From April to December 2020, CareLine staff fielded nearly 4,000 calls, providing brief interventions to more than 1,200 Ohioans and more than 450 referrals to community providers.



Your mental health is just as important as your physical health.

Ohio CareLine: 1-800-720-9616





Partnering for Suicide Prevention

Leveraged more than \$6 million in state and federal funds to help promote public awareness and education; professional development opportunities; improve capacity and access to care for Ohioans at risk for suicide; and establish postvention programming for individuals, families and communities impacted by loss due to suicide.



Partnering for Suicide Prevention

- Trainings held on Suicide Prevention Gatekeeper, Mental Health First Aid, Question, Persuade, Refer, CAMS, AMSR, Kognito,
 Sources of Strength and more
- Suicide Prevention Community Coalitions Capacity-building
- Expanding Zero Suicide practices to children's hospitals and community providers of child and youth health services
- Expanded resources for comprehensive school-based suicide prevention programs: https://suicideprevention.ohio.gov/Schools/Middle-and-High-School
- Launch of ABCs of Mental Health Campaign to support Ohio teachers and school staff
- Promoted use of Ohio Crisis Textline and the Be Present youth suicide prevention initiative
- Man Therapy: Nearly 2,300 visits to website
- "Life is Better with You Here" campaign to prevent suicide among African-American youth and young adult males
- Partnered with The Ohio Channel and the Ohio Suicide Prevention Foundation to produce a four-part educational video series that aired on PBS stations throughout Ohio
- Reach Out app: 1,776 Ohio college students downloaded the app to date; customized by 13 Ohio colleges



Stemming the Tide of Opioid Addiction

- Channeled millions in federal State Opioid Response grant dollars to community partners to help fund a wide array of prevention, treatment, recovery support, and harm reduction efforts.
- Led the nation in designing and advocating for modified regulations around Medication-Assisted Treatment (MAT) to allow for take-home doses.
- Expanded availability of and access to the lifesaving overdose reversal drug naloxone (including via mail order), needle exchange initiatives, and the safe disposal of unused/expired prescription medications.
- Partnered with the Governor's Office of Faith-Based and Community Initiatives to award \$1 million to support faith-based and minority-focused projects that directly linked individuals and families to care, worked to reduce stigma and continued educational efforts to combat the opioid crisis, including work with the Department of Aging to address older adult needs.



Stemming the Tide of Opioid Addiction

- Provided funding for treatment services for 13,000 people with opioid use disorder, including 490 pregnant women and new mothers to support their recovery and help ensure that their babies have a healthy start to life.
- Developed a first-ever pain management and addiction curriculum for Ohio's medical colleges, training over 230 prescribers in Ohio on medication assisted treatment.
- Expanded access to telehealth services to those struggling with addiction in the jails of 69 of Ohio's 88 counties.
- Supported multi-media campaigns to connect people to treatment.
- OhioSTART provided 900 Ohioans in 46 counties with intensive trauma counseling, including children in families with parents who have a substance use disorder.



K-12 Prevention - Engaging Youth & Young Adults for Mental Health and Wellness

- **K-12 Prevention Education Programming**: Ohio's county alcohol, drug addiction and mental health services boards engaged more than 600 school districts in assessing needs and expanding prevention services for all students; and distributed \$18 million in state GRF to build prevention services reaching an estimated 400,000 Ohio students.
- School-based Mental Health: Launched the "ABCs of Mental Health" to support the mental health needs of educators and school staff.
- Building Student Assistance Programs to increase services and support for students needing substance use and mental health early
 intervention services. The goal has been to build sustainable partnerships, policies and practices that connect Ohio's youth and families to
 existing behavioral health provider capacity and enhance mental health and wellness for higher education students and all school
 personnel.
- Funded 31 **Ohio College Initiative** (OCI) members to develop campus-community partnerships that support behavioral health needs of college and university students using the Healthy Campus Framework.
- Partnered with other state child-serving agencies to implement new funding and supports to directly impact and improve the lives of children, youth and families served by multiple systems. Through the Multi-System Youth Custody Relinquishment Prevention program, the Department and its partners provided technical assistance and funding to more than 400 families in 76 counties, who were at imminent risk of custody relinquishment.

Promoting pathways to equity to better serve Ohio's minority communities

- \$30 million in state opioid response funds to community-based organizations
- Governor's Office of Faith-Based and Community Initiatives to award \$1 million to help minority communities address stigma and other barriers to behavioral healthcare
- Coordinating with Governor DeWine's Minority Health Strikeforce on Ohio's pandemicrelated efforts
- Disparities and Cultural Competence (DACC) Advisory Committee, comprised of staff and members of Ohio's minority communities, continued to guide efforts to amplify the voices of Ohio's diverse communities, highlighting service equity in their work with other state agencies to strengthen and transform the public behavioral health system



Innovating Behavioral Health through Technology

- The expansion of telehealth services has been a gamechanger amid the ongoing coronavirus pandemic. OhioMHAS partnered with Ohio Medicaid in 2020 to amend rules to allow for the expansion of this service.
- Partnered with Ohio State to develop and launch the F.I.R.S.T. Support
 app to help Ohio first responders (law enforcement, fire, and EMTs)
 better manage job-related stress. The app provides resources and
 support to address the potentially debilitating effects of stress and
 trauma, which can contribute to substance abuse and suicidal ideation
 if left unchecked.
- Launched the Behavioral Health Connection (B-CON) online psychiatric bed registry pilot program in Northeast Ohio. This tool provides a real-time view of available psychiatric beds and can be used by emergency departments, psychiatrists and other physicians, and clinicians to quickly identify available beds so people in psychiatric crisis can rapidly access inpatient treatment.
- Improving OhioMHAS' use of technology: Ohio Behavioral Health Information System, Measuring Access Points Survey Tool, Licensure and Certification Tracking System, and Dashboards (e.g. Seclusion & Restraint and Crisis Services).



MHAS Efforts Underway

Making Help Visible

•Publicizing the national treatment finder, working on a expanding our call center to 24/7 operations, and building a "bed board" for access to state and private psychiatric hospital capacity

Improving Opportunities for Personal Insight and Motivation

- •• Increasing peer support, community-based care, mobile response, residential options and housing, employment and benefit planning, and access to medications
- •• Listening to the needs of men, women, and youth with mental illness and substance use disorders from all cultures in Ohio & families who support recovery of Ohioans with mental illness
- •• Building capacity for the use of evidence-based treatment & recovery management strategies

Ending Stigma

Increasing public awareness campaigns, mental health first aid training, CIT, specialized dockets, integrating physical and mental health care



Questions?



http://mha.ohio.gov/

Join our OhioMHAS e-news listserv for all of the latest updates





State of Kentucky Updates

Van Ingram, Executive Director, Kentucky Office of Drug Control Policy



INSIDE INDIANA'S RESPONSE TO THE DRUG EPIDEMIC

MARCH 2021



PRE-COVID



• Indiana overdose death rate (2017-2018) - **!** 12%

○ U.S. Average - **↓** 4.1%

- Opioid prescribing rate ↓ 23.5%
- Residential treatment beds 1 160%
- 1.6 million Hoosiers have access to SUD treatment services under a Medicaid waiver (January 2018)

COVID-19





INDIANA



MONTHLY EMS NALOXONE ADMINISTRATIONS

INDIANA



NALOXONE



- \$1 million allocated for 25,000 naloxone kits
- Over 22,000 doses distributed since program launch in May 2020
- Request a free naloxone kit at overdoselifeline.org



NALOXONE



- Medicaid reimbursement for EMS naloxone administration - 1st in the nation
- Overdose Lifeline provided 2,255 kits totaling over \$84,000 to the Indiana Department of Correction for distribution to correctional facilities and parole districts as needed
 - Funded by Division of Mental Health and Addiction and Overdose Lifeline
 - Each kit includes one dose of naloxone, instructions for use and a referral card for treatment

NALOXBOX



- **Goal:** Place 215 NaloxBox units across the state, including at least one in every county
- 35 committed county partners as of Feb. 10
- Funds made available by Substance Abuse and Mental Health Services Administration's state opioid response grant



To request a NaloxBox unit, contact Justin Phillips at justin@overdoselifeline.org

CRISIS COUNSELING HELPLINE



- Indiana 2-1-1 received over **25,000** calls per day at the height of the COVID-19 stay-at-home order.
- Hired new staff to provide individuals with 24/7 assistance
 - Crisis counseling
 - Psychoeducation
 - Well-being interventions
- Collaboration with Indiana Regional Recovery Anchor Sites
 - Connects callers with peer recovery specialists in their area



Dial 2-1-1 or (866) 211-9966

CRISIS COUNSELING HELPLINE



- Fielded 10,006 calls between July 20, 2020 and March 8, 2021
 - O Average talk time: 16 minutes, 7 seconds
 - 2,520 total hours engaged with crisis counselors
- 46% of callers had pre-existing trauma and/or substance use/mental health problems
- 53% of callers received a referral for additional mental health or substance use services

REGIONAL RECOVERY HUBS



Project Objective:

- Strengthen Indiana's recovery infrastructure statewide by creating regional recovery hubs
- Hubs deliver a plethora of support services and expand connection to peer recovery specialists

Services include:

- o Access to SUD treatment
- o Recovery residences
- o Mental health services
- Employment and education



JAIL-BASED TREATMENT



- Goal: Ensure any individual who enters the jail system has equal access to the full continuum of treatment opportunities
- More than 80% of individuals in the justice system have a diagnosable substance use disorder.
- Partnered with the Indiana Sheriffs' Association to invest \$4.6 million in implementing evidence-based treatment into more jails across Indiana in 2021.

INCOMPETENT TO STAND TRIAL PILOT



- Goal: To allow individuals who are deemed incompetent to stand trial to start receiving services they need related to their mental health around treatment, assessment, and medication
- Partnerships with local State Psychiatric Hospital, Sheriff's Departments, Prosecutor's Offices, local court systems, and public defender agencies

SEQUENTIAL INTERCEPT MODEL



 Goal: Increase collaboration between criminal justice, community corrections and behavioral healthcare providers for individuals reentering communities from justice-involved settings

Objectives:

- Develop, implement and enhance Sequential Intercept Model (SIM)
 program collaborations in no less than 70 counties by September 29, 2021
- o Implement additional program collaborations in at least 90% of counties by September 29, 2022
- Total number of counties by end of contract period: 82 counties

RECOVERY WORKS



- Goal: Provide support services to those without insurance who have mental health issues or substance use disorder and have entered the justice system
- 3-year pre-post Recovery Works analysis on the number of:
 - o Arresting Events
 - 9.8% reduction in the prevalence of arrest
 - Prison Incarceration Events
 - 5.7% reduction in the prevalence of prison incarceration
 - Any Incarceration Events
 - 7.7% reduction in the prevalence of any incarceration
- Expansion to allow Hoosiers charged with or convicted of misdemeanors to receive services

OPIOID TREATMENT PROGRAMS



- OTPs provide medication for opioid use disorder (MOUD) in combination with counseling and behavioral therapy.
- Since 2017, Indiana has opened seven additional
 OTPs statewide with five more on the way.
 - 3 new centers opened by DMHA during COVID-19 stayat-home order – LaPorte, Knox and Hendricks counties
- 14,436 individuals were served through our OTPs in 2020
 - o Total Number of Females in treatment: **6,954 (48%)**
 - o Total Number of Males in treatment: 7,482 (52%)
 - o Patients travel average of **16.56 miles** to clinic
 - o 5,399 (37%) individuals had Medicaid

OPIOID TREATMENT PROGRAMS



2021 LEGISLATIVE PRIORITIES



- SB 3: Permanent expansion of telehealth services
 - Status: Passed Senate unanimously
 Scheduled for a hearing in House Public Health Committee 3/17
- HB 1199: Ease restrictions for driver's license reinstatement
 - Status: Passed 9-0 by Senate Corrections and Criminal Law Committee Awaits 2nd Reading in the Senate
- HB 1203: Extend the sunset date for syringe service programs
 - Status: Passed 11-0 by Senate Health and Provider Services Committee Engrossed on 2nd Reading

INTERACT FOR HEALTH

A Catalyst for Health and Wellness

QUESTIONS?